



Functional Outcomes Improvement Introduction

MODULE 1



AMERICAN HEALTH CARE ASSOCIATION

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Introduction

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Learning Objectives

- Identify course components.
- Understand how to navigate the course.
- **TIP: hover your mouse below to adjust volume, pause, navigate the video, and view it in full screen.**



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Welcome


Cathy Ciolek, PT, DPT, FAPTA

Jennifer Stevens-Lapsley, PT, PhD

Ellen R. Strunk, PT, MS




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Course Overview

- Online, self study
- 5 modules
 - Lectures, story sharing, case studies, interactive components
- Guide for each module
- Quizzes between modules
- Final comprehensive test at the end
- Evaluation
- Certificate of Course Completion




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What is Unique about Functional Outcomes Improvement?

- It is designed and taught by subject matter experts who have real life experience working in long-term/post-acute care.
- It addresses both clinical and organizational systems, processes, and cultural aspects of providing person-centered care while implementing strategies to improve functional outcomes and improving quality of care provided.
- It utilizes an adult learning approach that is based on the latest and greatest strategies for meaningful learning and application into practice.



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Rules for the Course

- The course will be available 24/7
- Course completion must occur within 9 months of start date of the program.
- Refunds are not available.
- Participants must complete all training modules and successfully pass quizzes at the end of each module and final test with a grade of 80 or above to receive a certificate of completion from AHCA.
- ANCC contact hours will be awarded to participants who complete the course.



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Some Friendly Tips

- Schedule time in your calendar to complete the work
- Break it into small bites
- Take your time and don't rush
- Use the guide to take notes
- Try real life application
- HAVE FUN!



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Disclaimer

- The views and perspectives within this course are considered best practices.
- You should always review your individual Scope of Practices for your license within the state you practice.



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Help is Available

- Email educate@ahca.org
- From the Functional Outcomes Improvement Training Faculty – Welcome to the Course!
- Get ready to begin your training.



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Functional Outcomes Improvement – Overview

Ellen R. Strunk, PT, MS

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Objectives

- Describe what functional outcomes are and why they are important.
- Explore the connection between functional outcomes and person-centered care.
- Discuss functional outcomes improvement and team involvement for continuous improvement.



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Abbreviations in this module

- **IMPACT:** Improving Medicare Post-Acute Care Transformation Act of 2014
- **QM:** Quality Measures
- **QRP:** Quality Reporting Program
- **VBP:** Value Based Purchasing Program



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What are Functional Outcomes?

- **Functional outcome is different from clinical outcome**
- **Functional outcomes define the results of care that are focused on a patient's physical ability.**
- **Functional and clinical recovery do not always parallel each other.**



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Why Functional Outcomes?

- **Majority of residents admitted to SNF have functional limitations**
- **Many residents are at risk for further decline in function**
- **"[i]nformation on functional status is becoming increasingly essential for fostering healthy people and a healthy population. Achieving optimal health and well-being for Americans requires an understanding across the life span of the effects of people's health conditions on their ability to do basic activities and participate in life situations, that is, their functional status."** *Subcommittee on Health National Committee on Vital and Health Statistics, "Classifying and Reporting Functional Status" (2001).*



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Functional Outcomes Impact:

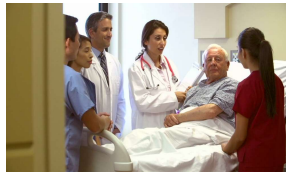
Healthcare Spending	Where People Reside	Body Systems & Functions
<ul style="list-style-type: none"> • Hospitalization of older adults living in community • Physical function is predictive • Care transitions into community 	<ul style="list-style-type: none"> • Risk for nursing home placement • Mortality 	<ul style="list-style-type: none"> • Heart Failure • Stroke • Frailty

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Why Functional Outcomes?

- **Functioning is important to patients/residents and their family members.**



- **Perceptions about general health, physical functioning, social and role functioning, and psychological well-being**



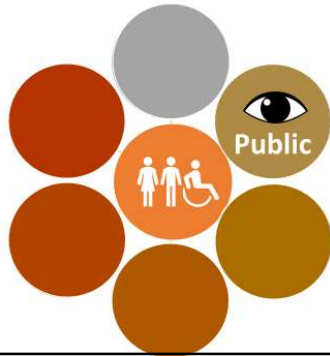
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Why Functional Outcomes?



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Why Functional Outcomes?



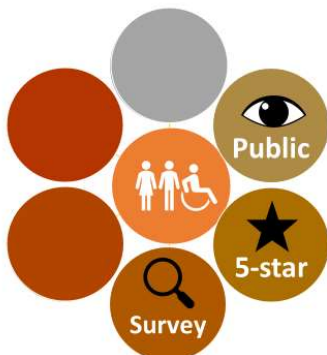
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Why Functional Outcomes?



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Why Functional Outcomes?



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Why Functional Outcomes?



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Why Functional Outcomes?



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Why Functional Outcomes?



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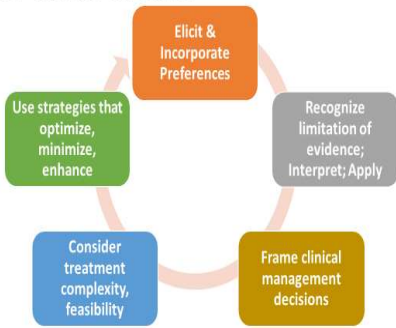
Focus on Function Supports Person Centered Care

- **Compelling reasons, both practical and ethical, support engaging patients in healthcare research. Patients are the ultimate user of healthcare research findings and the most important stakeholder. Questions remain, however, about how to engage patients or their representatives (e.g., family members, caregivers, community representatives).**
- **Patient goals in post-acute geriatric rehabilitation: goal attainment is an indicator for improved functioning**



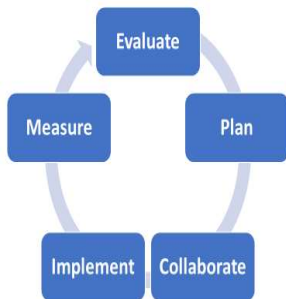
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Role of Interprofessional Team and Evidence in Person-Centered Care



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Continuous Monitoring in Person-Centered Care



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References



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IMPROVING LIVES by
DELIVERING SOLUTIONS for
QUALITY CARE

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